



## **Cranial – Sacral Therapy 1: Dural membranes and the cranial rhythm**

### **Course Description:**

This course will present the introduction to cranial sacral therapy (craniosacral), in which students will learn the history of this modality and practical approaches to evaluate and treat dural membrane tensions that may exist within the cranial vault, cranial base, cervical, thoracic, lumbar, sacral and coccygeal regions.

**Prerequisites:** Health care practitioner, massage therapy practitioner, students and the general public with a history of hands-on practice.

**Time Allotment:** 15 CEU's

**Instructor:** Joel Banuelos

### **Lesson Objective:**

After this lesson the student should be able to

- 1. Palpate the cranial rhythm from the head to the tail**
- 2. Be able to identify tensions that may exist within the cranial sacral system by using the cranial sacral rhythm**
- 3. Release tensions from the cranial vault, cranial base, and dural tube using gentle hands-on techniques**

### **Course Outline:**

**Day 1:** (8:30am-5:00pm w/1 hour lunch break) History and background of cranial sacral therapy and cranial osteopathy; hands on practice palpating the cranial rhythm at the head, spine and sacrum.

**Day 2:** (8:30am-5:00pm w/1 hour lunch break) Anatomy of the cranial sacral system and primary diaphragms; hands on applications to release tensions in dural tube and 4 primary diaphragms.

Total continuing education hours 15

**Cost:** \$549.74 (\$525.00 + 4.712 Hawaii State Tax)

HHAC Student Alumni discount available. Please contact student affairs at (808) 266-2467.

### **Registration:**

To register for this course, please [Click Here](#) to go back to CE Workshops & Schedule page, and click on the button "Register Now".

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